# Nicotine salts can help more adult smokers transition to vaping

E-vapour manufacturer, blu, conducted clinical research examining how adult smokers absorb the nicotine delivered by our nicotine salt-containing products, and whether this reduced their desire to smoke.'

The results indicate that nicotine salts may be key to facilitating more adult smokers switching to e-vapour.

While there is a growing consensus that vaping is substantially less harmful than smoking, currently only a minority of smokers have fully switched to e-vapour.

In the UK... However, an estimated 7.4 million adults



# Of those who currently smoke exclusively



because it is more satisfying

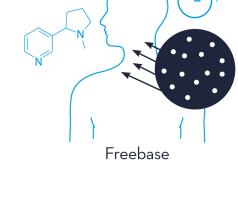


# The difference between 'freebase' nicotine and nicotine salts

The form of nicotine ordinarily used in e-liquids is termed 'freebase'. Freebase nicotine is volatile and so when vapers inhale an e-vapour aerosol, the nicotine "off-gases" (evaporate) and deposits in the mouth/upper respiratory tract, where it is slowly absorbed into the blood.







volatile than freebase. and remain in the inhaled e-vapour aerosol until it reaches the lung, where it is absorbed more quickly. This provides instant satisfaction, more akin to smoking a cigarette.

Nicotine salts are less

### How nicotine salts can help... Medically licensed nicotine replacement therapy (NRT) methods - including

nicotine patches - have proven largely unsuccessful in curbing the desire to smoke.





Cigarette

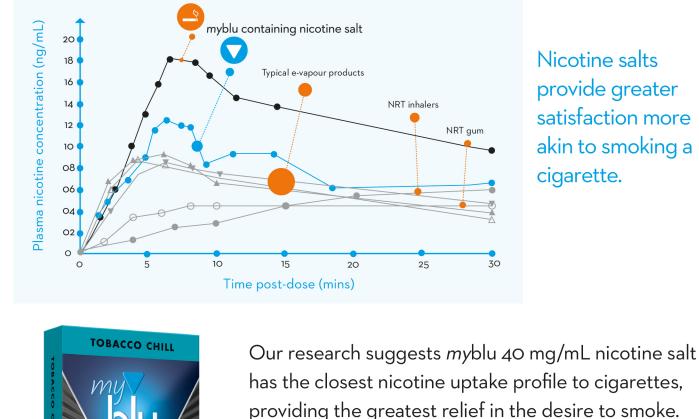
12 months



Nicotine salts

provide greater

satisfaction more



**BLOOD NICOTINE DELIVERY PROFILES** 

akin to smoking a cigarette.



transition to e-vapour products. Unfortunately, under current EU regulations this product is not permitted.6 This potentially limits vaping's effectiveness as a smoking alternative, especially in the case of heavier smokers. Exposure to Nicotine

This may be key to facilitating more adult smokers'

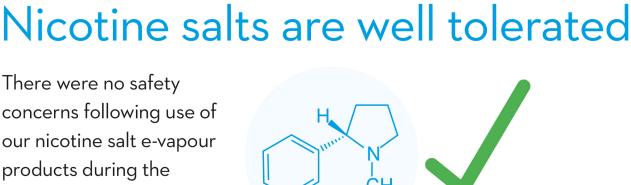
#### Nicotine is suggested to be no more harmful than caffeine7 but our products do contain a health warning that nicotine is an addictive chemical.



compared to traditional cigarettes.

There were no safety concerns following use of

duration of the study.







1 O'Connell, G. et al. 2019. 'A Randomized, Open-label, Cross-over Clinical Study to Evaluate the Pharmacokinetic Profiles of Cigarettes and E-Cigarettes with Nicotine Salt Formulations in US Adult Smokers'. Internal and Emergency Medicine. 2 https://publications.parliament.uk/pa/cm201719/cmselect/cmsctech/505/50508. htm 3 https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandlifeexpectancies/bulletins/adultsmokinghabitsingreatbritain/2017 4 McNeill, A. et al. (2018). Evidence review of e-cigarettes and heated tobacco products 2018. A report commissioned by Public Health England. London: Public Health England 5 Konstantinos F (2017) Electronic cigarettes: an aid in smoking cessation, or a new health hazard? Therapeutic advances in respiratory  $\label{linearized} {\it disease:1753465817744960.}\ doi:10.1177/1753465817744960.\ {\it 6}\ https://www.gov.uk/guidance/e-cigarettes-regulations-for-consumer-products\ 7\ https://www.rsph.org.$ uk/about-us/news/nicotine--no-more-harmful-to-health-than-caffeine-.html