

# UTILISATION OF HUMAN 3D BRONCHIAL TISSUES FOR E-CIGARETTE ASSESSMENT



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## 1. INTRODUCTION

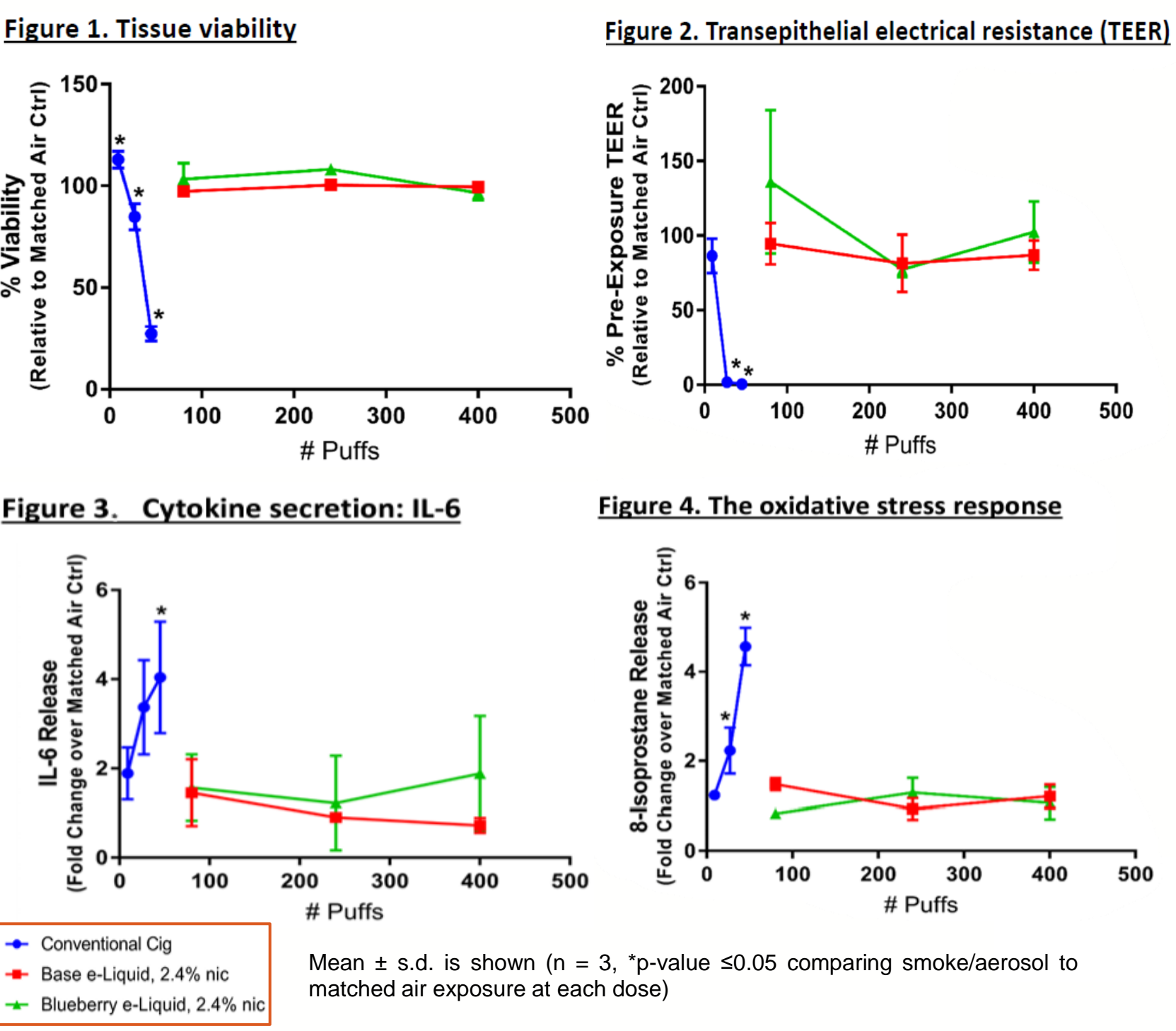
With the rise in popularity of e-cigarettes amongst adult smokers as a potentially less harmful alternative to combustible cigarettes, there is a need for better understanding of the potential biological impact of these products. *In vitro* techniques fulfil that need, allowing rapid and robust assessments. Here we describe the results from a range of studies utilising human 3D bronchial tissues for the assessment of e-cigarette aerosols.

## 2. METHODS

Study	Test Articles	Exposure	Cell system	Endpoints
1	<ul style="list-style-type: none"><li>- Commercial cigarettes</li><li>- blu PLUS+™ e-cigarette, 2.4% nicotine, blueberry flavour</li><li>- Blu PLUS+™ e-cigarette, 2.4% nicotine, no flavour</li></ul>	Using the VITROCELL VC1 manual smoking machine (VITROCELL Systems GmbH) tissues were exposed in triplicate to 9, 27 or 45 puffs of whole smoke generated from commercial cigarettes or to 80, 240 or 400 puffs of aerosol from blu PLUS+ e-cigarettes.	EpiAirway™ (MatTek Corp. Ashland, MA, USA) produced from a disease-free, non-smoking 23-year old, male Caucasian donor	Viability and barrier integrity (MTT Assay & transepithelial electrical resistance (TEER) using a EVOM2 voltohmmeter, cytokine secretion (IL-6 and IL-8) and oxidative stress (8-isoprostane) (both using ELISA) and tissue morphology (H&E). Endpoints were measured 24 hours after exposure.
2	<ul style="list-style-type: none"><li>- 3R4F reference cigarette</li><li>- myblu™ e-cigarette, 2.4% nicotine, blueberry flavour</li></ul>	Using the VITROCELL VC1 manual smoking machine tissues were exposed to a single sub-cytotoxic exposure of 3R4F smoke and the equivalent nicotine delivered dose from myblu e-cigarette.	MucilAir™ (Epithelix Sarl) produced from a pathology-free, non-smoking 41-year old, male Caucasian donor	TEER using EVOM Epithelial Ohm Meter, cytotoxicity (Adenylate Kinase (AK), and cell viability (WST-8), RNA Sequencing using IlluminaTruSeq® Stranded Total RNA Library Prep Gold Kit and Gene set enrichment (fast-pre-ranked gene set enrichment analysis (fgsea) R package). Endpoints were measured 4 or 48 hours after exposure.
3	<ul style="list-style-type: none"><li>- 3R4F reference cigarette</li><li>- myblu™ e-cigarette, 1.6% nicotine, tobacco flavour</li></ul>	Using Imperial Brands' Smoke Aerosol Exposure In Vitro System (SAEIVS) tissues were repeatedly exposed (3 times per week) at the ALI for 4 weeks to either 30, 60 or 90 puffs of aerosol/smoke/filtered humidified air control. 1R6F smoke was diluted with air 1:17 times whilst myblu aerosol was undiluted.	MucilAir™ (Epithelix Sarl) produced from a pathology-free, non-smoking 41-year old, male Caucasian donor	TEER using a EVOM2 voltohmmeter, cilia beat frequency (CBF) and active area (AA) (4x; Olympus IX53P1F inverted; and Sisson-Ammons Video Analysis software), LDH release (CytoTox 96® assay), pro-inflammatory mediator release (IL-1β, IL-6, IL-8, TNF-α, MMP-1, MMP-3 & MMP-9) and tissue morphology (H&E, MUC-5AC and FOX-J1 staining).

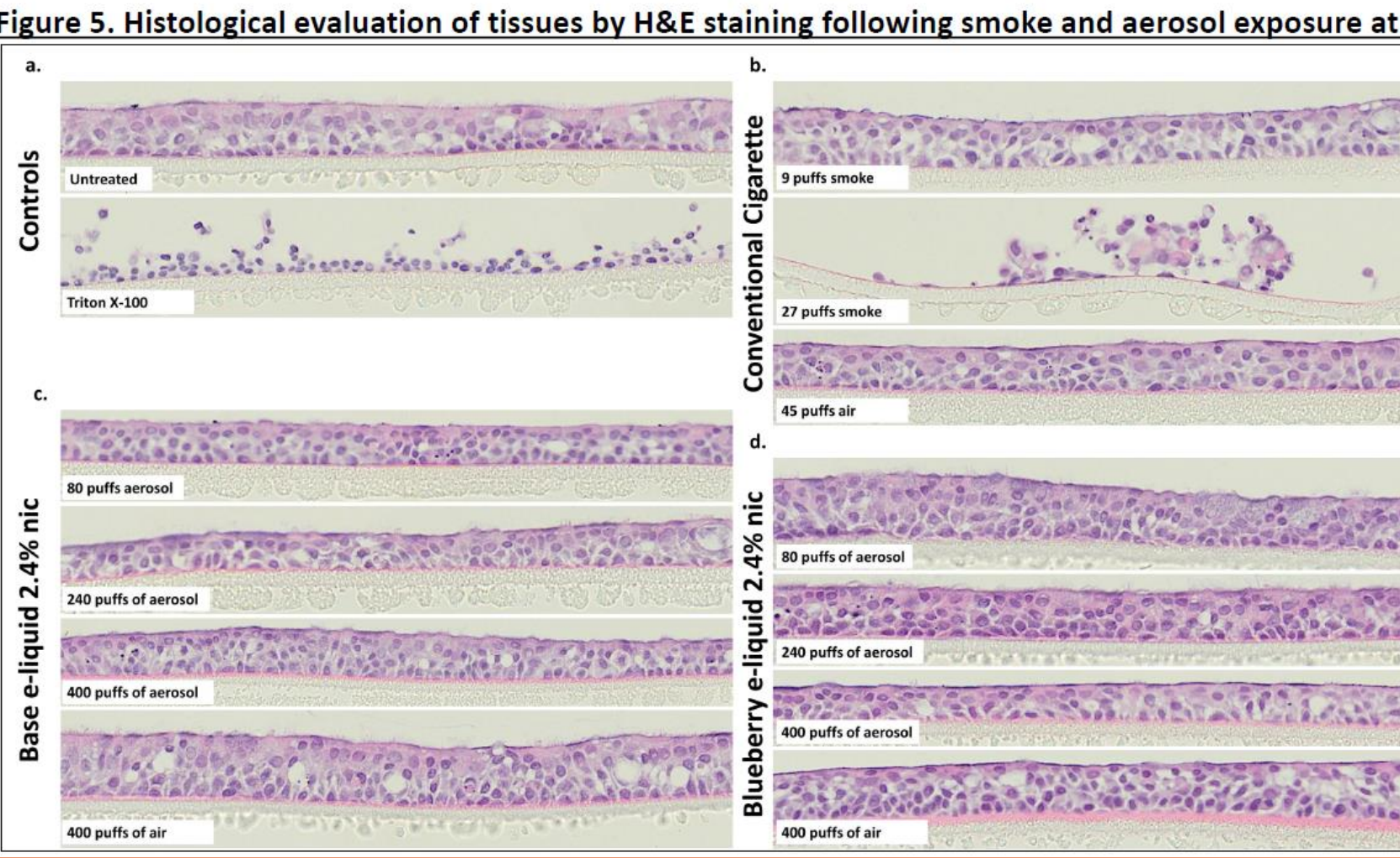
## 3. RESULTS

### Study 1: Acute blu PLUS+ whole aerosol exposure up to 400 puffs did not significantly alter barrier function, cellular viability or cytokine secretion compared to air matched controls<sup>1</sup>



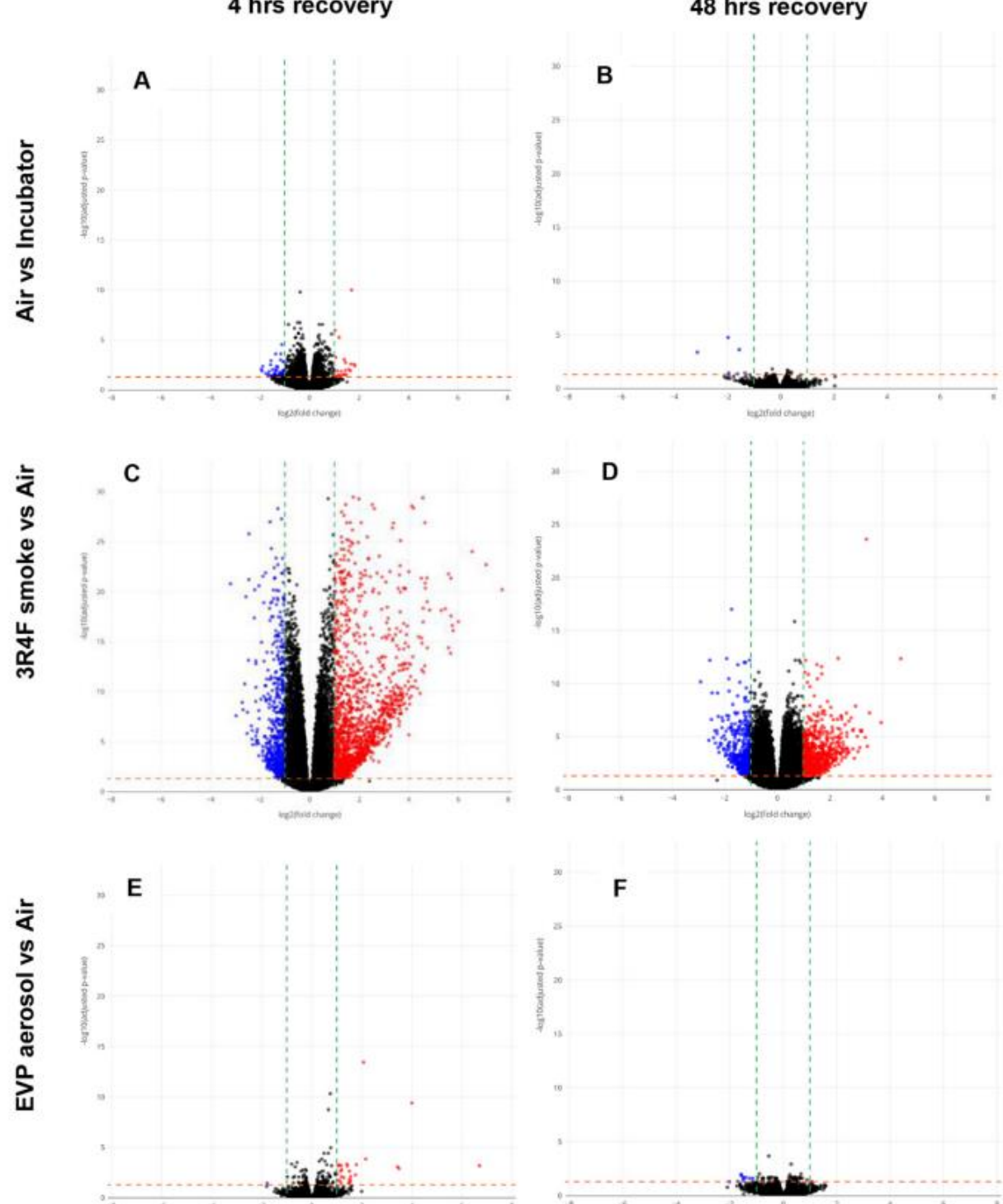
← Figures 1 & 2: Under the experimental conditions, cigarette smoke impaired barrier function (TEER) and reduced cell viability to approximately 30% after exposure to 45 puffs and induced secretion of inflammatory cytokines. blu PLUS+ aerosol up to 400 puffs did not alter barrier function or tissue viability compared to air matched controls.

← Figures 3 & 4: Exposures of 27 and 45 puffs of 3R4F smoke, caused statistically significant increases in IL-6 and 8-isoprostane release. IL-6 levels remain largely unaffected by blu PLUS+ aerosols (except slight, non-significant increases for the highest dose, 400 puffs of flavoured e-liquid). blu PLUS+ aerosol exposures did not significantly change oxidative stress (8-isoprostane) levels compared to the matched air controls at any of the doses tested.

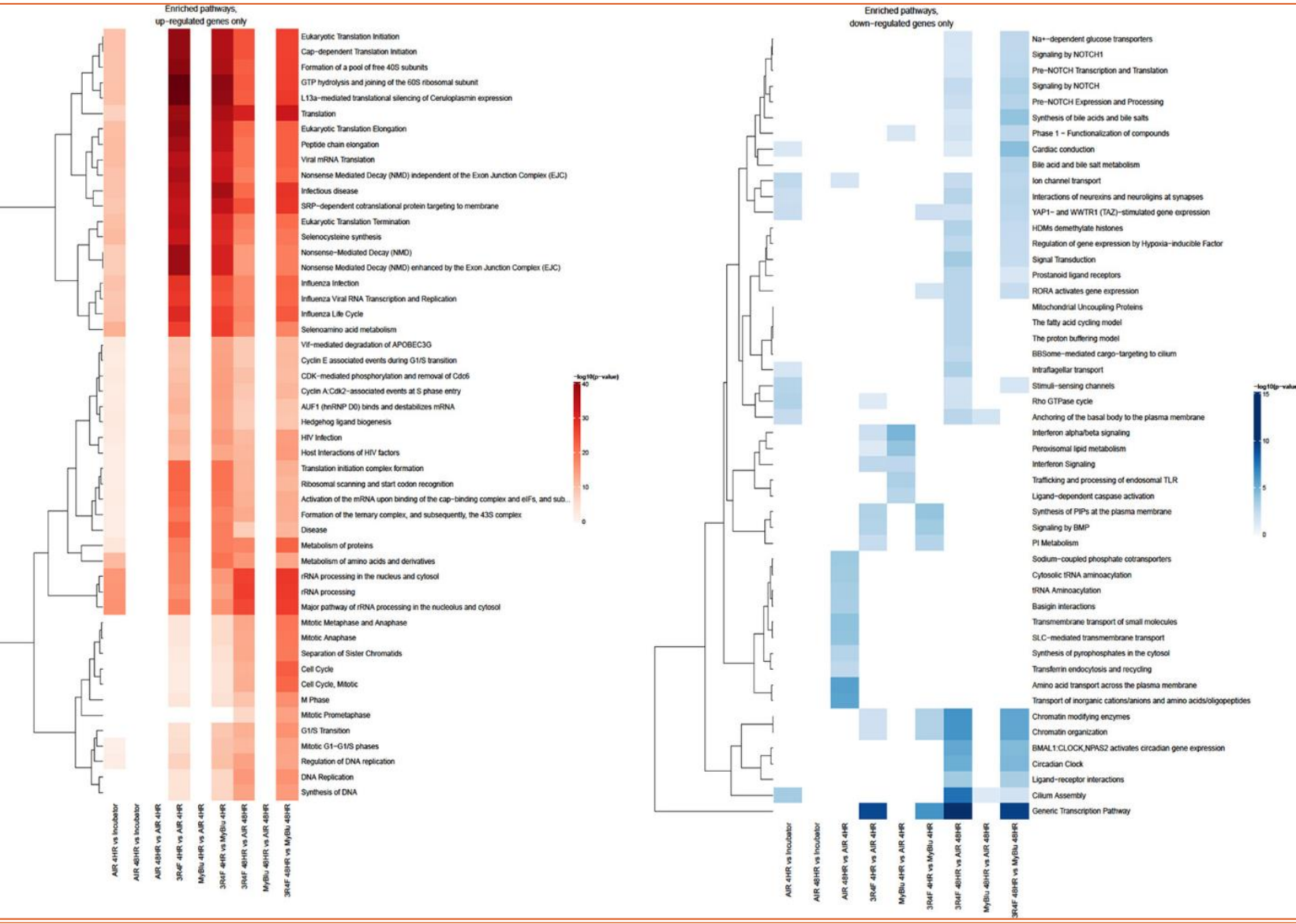


← Figure 5: No tissue morphology differences were observed between 9 puffs of cigarette smoke and match air control. EpiAirway tissue exposed to 27 and 45 (not shown) puffs of cigarette smoke demonstrated disruption to tissue architecture. blu PLUS+ aerosols up to the highest dose tested (400 puffs) did not significantly alter tissue morphology. H&E staining results correspond with the measured TEER values and cell viability (See Figures 1 and 2).

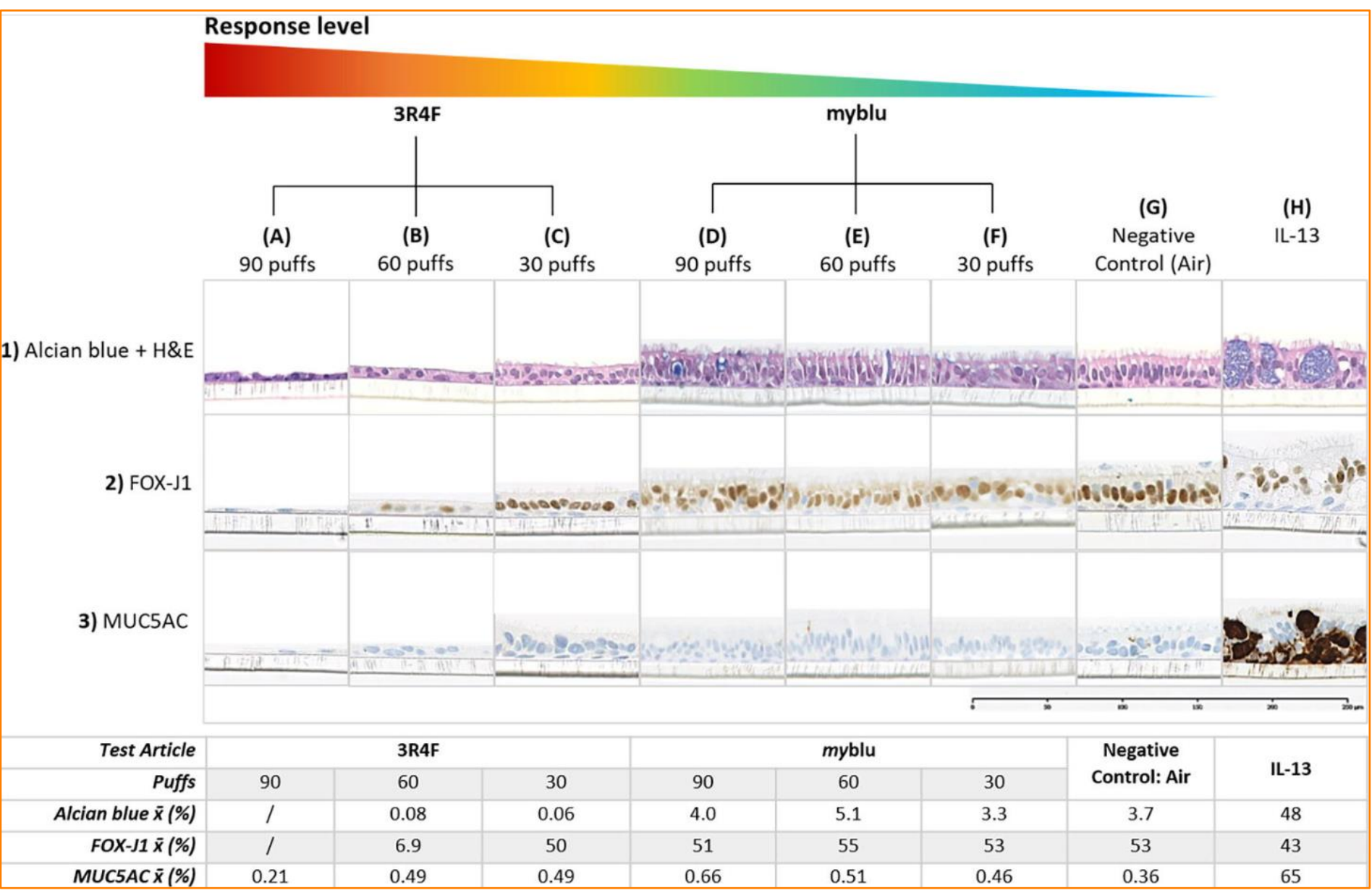
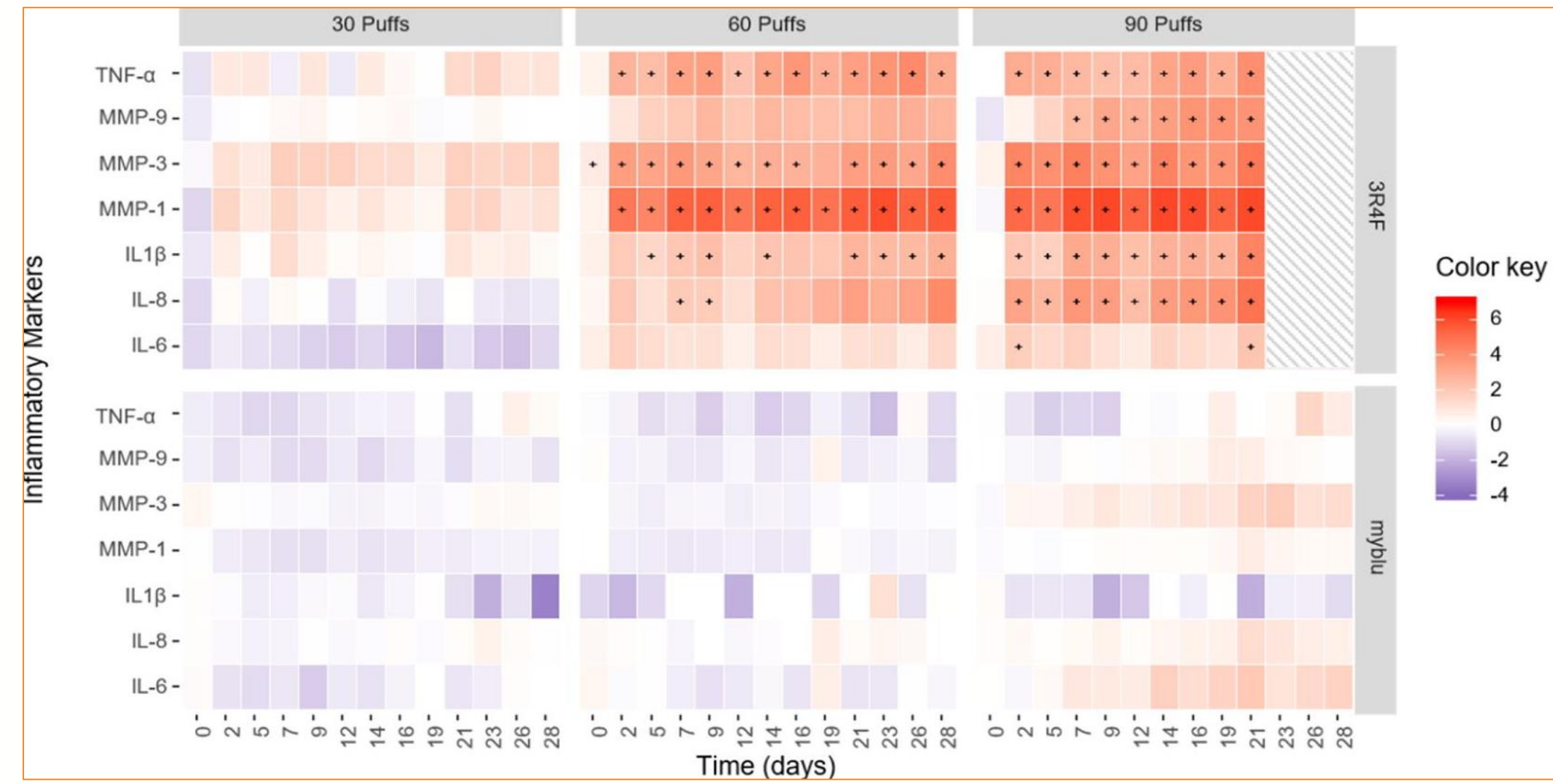
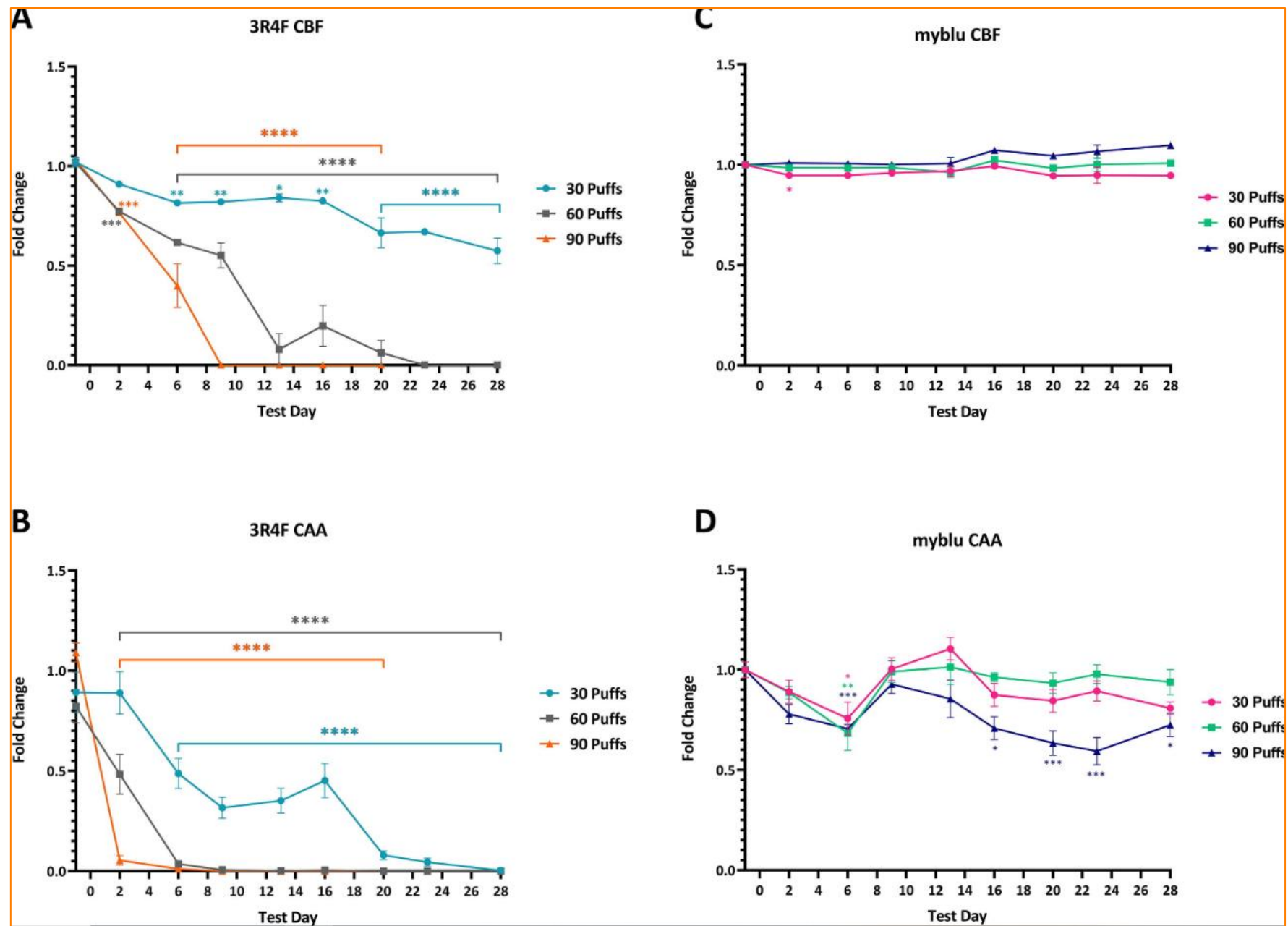
### Study 2: Acute myblu whole aerosol exposure to 3D human bronchial tissue resulted in minimal transcriptomic responses when compared to cigarette smoke<sup>2</sup>



→ Figure 7: Heatmaps of significantly enriched Reactome pathways (an online database of biological pathways). Significant genes (at adjusted p-value < 0.05 and fold change > 2) from each comparison were analysed for enrichment of top 50 Reactome pathways. 3R4F had large effects across a broad range of pathways and were mainly found to significantly affect pathway-specific genes after 48 hours of recovery, including oxidative stress and inflammation. myblu aerosol exposed tissues had little change in gene expression, which largely occurred at 4h post exposure and largely resolved at 48h.



### Study 3: Repeated myblu whole aerosol exposure resulted in little to no ciliated cell, inflammatory marker or tissue morphology disruption, whilst cigarette smoke significantly altered all endpoints<sup>3</sup>



## 4. CONCLUSIONS

- The 3D organotypic tissues used in these studies can be utilised for a range of different endpoints and exposures, and therefore may be considered as a key component of inhaled product assessment strategy.
- These results show that e-cigarettes have a marked reduction in cellular and transcriptomic responses, adding to the growing body of evidence that e-cigarettes are likely to be considerably less harmful than combustible cigarettes.

## REFERENCES

[1] Czekala L, Simms L, Stevenson M, Tschierske N, Malone AG, Walele T, Toxicological comparison of cigarette smoke and e-cigarette aerosol using a 3D in vitro human respiratory model. Regul Toxicol Pharmacol. 2019 Apr;103:314-324.1.; [2] Phillips G, Czekala L, Behrsing HP, Amin K, Budde J, Stevenson M, Wiecezorek R, Walele T, and Simms L. "Acute electronic vapour product whole aerosol exposure of 3D human bronchial tissue results in minimal cellular and transcriptomic responses when compared to cigarette smoke. Toxicol. Res. Appl. 2021;5:1-19. [3] Czekala L, Wiecezorek R, Simms L, Yu F, Budde J, Trelles Sticken E, Rudd K, Verron T, Brinster O, Stevenson M, Walele T, Multi-endpoint analysis of human 3D airway epithelium following repeated exposure to whole electronic vapor product aerosol or cigarette smoke. Current Research in Toxicology, Volume 2, 2021, Pages 99-115.